



Route 61 Almodôvar - XC

This is the Cycling Centre's most accessible route. Cycle through country paths that wind around the village. This route will mostly take you along dirt tracks, although some sections follow secondary roads with little traffic. This route is intertwined with other routes that will take you back to the Cycling Centre, providing varying distances and levels of difficulty and allowing cyclists to mix and match routes.

Signposted Route

18,3 Km 180 m 1h30m

Route 62 Almodôvar - XC

A moderately difficult route near Almodôvar. This route is only considered to be of moderate difficulty because of its length, as the paths are generally wide and even. The main points this route will take you through are Monte das Mestras and Curvatos, where you'll find basic services. This route is intertwined with other routes, providing varying distances and levels of difficulty and allowing cyclists to mix and match the trails they choose.

Signposted Route

32,6 Km 465 m 2h45m



Route 63 Almodôvar - XC

A moderately difficult route near Almodôvar. The landscape is dominated by cork and holm oaks and the main points of interest along this route are the archaeological ruins of Mesas do Castelinho and the village of Santa Clara-a-Nova, in addition to the Manuel Vicente Guerreiro archaeological and ethnographic museum. This route is intertwined with other routes, allowing cyclists to vary the routes they choose.

Signposted Route

38,1 Km 460 m 3h10m

Route 64 Almodôvar - XC

Difficult route in the Almodôvar area. While the route includes some challenging hilly stretches, it is particularly fluid overall. Taking cyclists through a landscape dominated by cork and holm oaks, this route crosses the Mira River several times - though this may not be possible during wetter periods. Cyclists will find basic services provided in the village of Santa Clara-a-Nova, which is a good place for a rest stop.

Non-signposted Route

47,0 Km 660 m 4h00m



Route 65 Almodôvar - XC

Difficult route in the Almodôvar area. While the route includes some challenging hilly stretches, it is particularly fluid overall. It may not be possible to cross the Mira River during wetter periods. The main points of interest along this route are the archaeological ruins at Mesas do Castelinho and the villages of Santa Clara-a-Nova, Gomes Aires and Aldeia dos Fernandes. This route connects to the Ourique Cycling Centre.

Non-signposted Route

63,3 Km 850 m 5h20m



Route 66 Almodôvar - XC

A very difficult route in the Almodôvar area, in the southernmost part of the municipality. The mountainous section of this route is particularly hilly with very steep inclines, crossing the Mira and Odelouca rivers several times. The main points this route will take you through are Pico do Mú and the villages of S. Barnabé and Santa Clara-a-Nova, where you'll find several basic services.

Non-signposted Route

84,6 Km 1840 m 8h20m

Route 51 Ourique - XC

This route is the most easily accessible from the Cycling Centre, and takes cyclists down country lanes around the town of Ourique. The paths along this route are wide, with an even-surfaced dirt track and no steep hills. The main point this route will take you through is Aldeia de Palheiros, where you'll find basic services. This route is intertwined with other signposted routes, giving cyclists lots of choice as to the route they take.

Signposted Route

20,1 Km 240 m 1h40m



Route 52 Ourique - XC

A moderately difficult route that crosses one of the flatter areas in the municipality, where you'll find open landscapes sparsely populated with cork and holm oaks. This route is only considered to be of moderate difficulty because of its length, as it only has gentle inclines. The main point this route will take you through is the village of Grandãos, where you'll find basic services like cafés, a water fountain and public toilets.

Signposted Route

29,9 Km 290 m 2h30m



Route 53 Ourique - XC

A moderately difficult route that takes you through landscapes populated with cork and holm oaks. The main points of interest along this route are the archaeological ruins of Castro da Cola, the Santa Clara Dam and Reservoir and Aldeia de Palheiros. In Castro da Cola, you'll find a restaurant and a highly-recommended visitor centre. You'll find basic services in Aldeia de Palheiros.

Signposted Route

36 Km 450 m 3h00m

Route 54 Ourique - XC

Very difficult route due to the distance it covers and the elevation gain. The main points of interest along this route are the archaeological ruins of Castro da Cola, the Mira River, the Santa Clara Dam and Reservoir and the Aldeia de Palheiros. This route also connects with the Almodôvar Cycling Centre, partially coinciding with one of its routes.

Signposted Route

46,1 Km 640 m 3h50m

Route 55 Ourique - XC

Very difficult route that skirts the Monte da Rocha reservoir. While the route includes some challenging inclines, it is particularly fluid overall. The main points this route will take you through are the village of Garvão, where you'll find several cafés and other basic services, and the Monte da Rocha dam, which it crosses.

Signposted Route

54,9 Km 685 m 4h35m



Route 02 Serpa - XC

Leaving Serpa and heading towards the Guadiana River, this moderately difficult route takes you across fields until you head down to the valley floor and Azenha da Ordem. From here you'll find yourself returning to the plains. Head towards the Chapel of S. Brás, and then through the village of Stª Iria, with its 16th-century church. Once there, you'll start back towards Serpa, along with routes 3 and 4.

Signposted Route

31,5 Km 510 m 2h30m



Route 03 Serpa - XC

A difficult route, mainly due to its length and not necessarily because of its characteristics, it leads cyclists on a journey of discovery of the area's northern and eastern plains. Start by heading north, along the Guadiana River. Then turn east towards the village of A do Pinto, after which you will find yourself back on route 4. From there, head towards Serpa, through the village of Stª Iria, to join route 2. Signposted route, a satnav is recommended.

Signposted Route

66 Km 1100 m 4h30m

Route 04 Serpa - XC

Following along route 3 to the Enxoé stream, this very long and difficult route runs across the entire width of this municipality, reaching the Malpique, Adiça and Ficalho mountains. It runs mostly agricultural dirt tracks, and in the sections close to the mountains the technical difficulty rises with less "rolling" and more demanding paths. This route can be shortened using the link shown on the map. Signposted route, a satnav is recommended.

Signposted Route

110 Km 1400 m 7h30m

Route 56 Ourique - XC

Very difficult route suitable for those seeking a real challenge. The main points of interest along this route are the archaeological ruins of Castro da Cola and Santana da Serra and Aldeia de Palheiros. In Castro da Cola, you'll find a restaurant and a visitor centre. Basic services are provided in Santana da Serra and Aldeia de Palheiros.

Non-signposted Route

68,7 Km 990 m 6h00m

Route 01 Serpa - XC

This is the Cycling Centre's easiest route and is accessible to cyclists of all ages. It explores the paths west of the city's cultivated fields that stretch over vast plains. The Guadiana River will come into sight at the bottom of the valley as you make your way down dirt tracks at the start of the route. As you head back to the starting point, take in the beauty of the town of Serpa, which provides the perfect backdrop for the route.

Signposted Route

12,3 Km 135 m 1h30m

CONDUCT, RECOMMENDATIONS AND PERSONAL SAFETY

- Plan your trip in advance;
- Check the weather forecasts for the dates of your trip, and be aware of any risk indicators and warnings provided by the civil protection services;
- Follow all signs relating to use of the trails, whether due to environmental, maintenance or private reasons, remembering that some of the routes are not signposted and may require you to use satnav or similar tools to cross them;
- Only use trails that are open;
- Leave no trace as you go;
- Ensure you always have control of your bicycle, always wear protective equipment (gloves, helmet, goggles, etc.) and take all the tools you might need with you (pump, spare inner tube, etc.);
- Always give way;
- Beware of motor vehicles on public roads;
- Never scare off animals;
- Always leave gates as you find them. If they were closed when you found them, make sure you close them securely behind you;

Find more information at:
www.turismodeportugal.pt

DIFFICULTY LEVELS

EASY MODERATE DIFFICULT VERY DIFFICULT

These routes are classified according to the following criteria: distance, gradient, terrain and technical features.

Find more information at:
www.cyclinportugal.pt

USEFUL CONTACTS

112 808 250 250
Emergency Poison Information

SIGNPOSTING ON ROUTES

BASIC SIGNAGE

- XC MTB Route
- Gravel Route
- Road Route
- Crossing
- Route through Protected as ICNF Classified Areas
- Route Classified as Touristic or Cultural

ADDITIONAL SIGNAGE

- Wrong Route
- Dangers
- Two-way route
- Wrong Route on Long Tours

WHERE TO EAT AND SLEEP

www.visitalentejo.com

ALMODÔVAR	OURIQUE	SERPA
286 660 050	286 510 840	284 544 739
286 660 140	286 510 580	284 540 030
286 660 200	286 510 300	284 540 560
286 660 609	286 510 414	284 540 100

For more information on signposted and non-signposted routes, go to:
www.visitalentejo.com

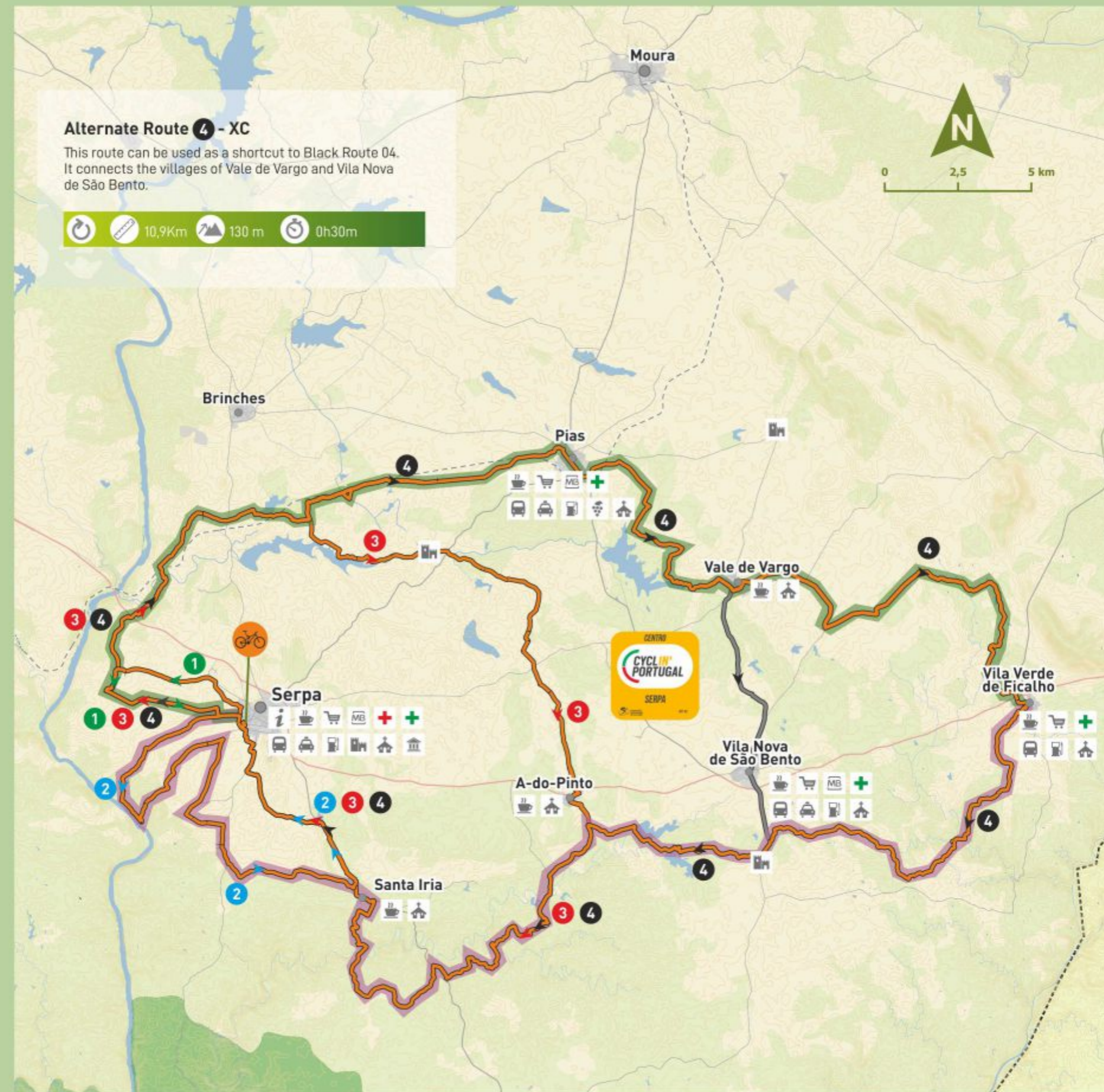
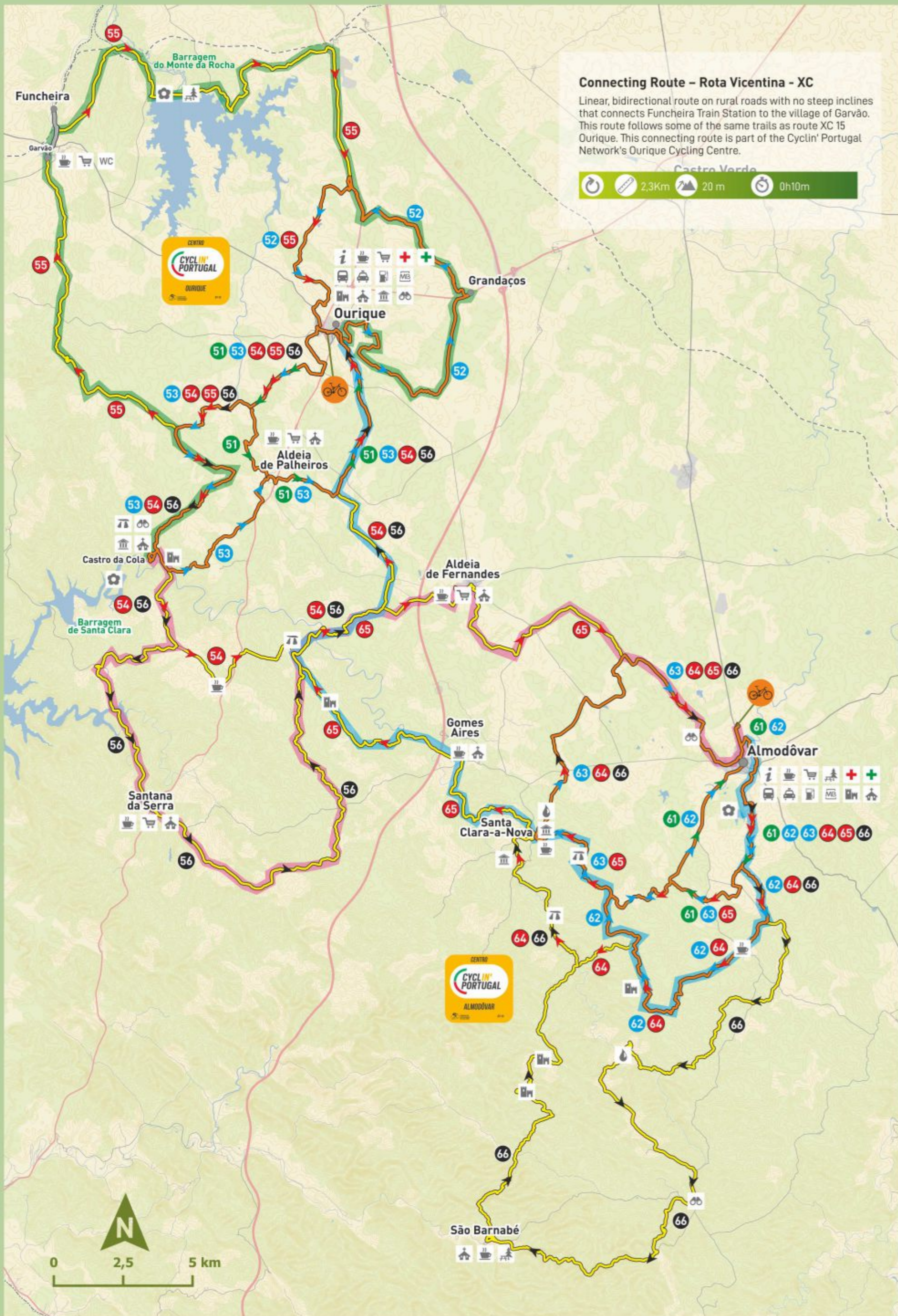
visit Alentejo Portugal

CYCLING PORTUGAL

- 4 LEVELS
- 395km UNASSIGNED ROUTES
- 946km ASSIGNED ROUTES
- 3 NATIONAL NETWORKS
- 16 STATES

cycling
alentejo e ribatejo

BAIXO ALENTEJO
Almodôvar | Ourique | Serpa



Tours

3 Day Cycling Tours Ourique - Almodôvar

3 Day Cycling Tour Ourique - Almodôvar 193.20 km
 Cycle across the Baixo Alentejo on a 3 day cycling tour, venturing through two municipalities and exploring the points of interest and heritage within. Enjoy this unique territory in comfortable sections, spending your nights in small accommodation units.

- **Ourique - Castro da Cola Section:** Distance 67,4 km | Elevation Gain 720 m | Accommodation available at kms 0, 42,5, 67,4
- **Castro da Cola - Almodôvar Section:** Distance 58,30 km | Elevation Gain 920 m | Accommodation available at kms 0, 58,3
- **Almodôvar - Ourique Section:** Distance 62,10 km | Elevation Gain 960 m | Accommodation available at kms 0, 16,5, 62,1

2 Day Cycling Tour Serpa

2 Day Cycling Tour Serpa 192 km
 Rise to the challenge of a 2 day cycle tour through Serpa, stopping overnight along the way, choosing from the various options this area has to offer. Taking cyclists along a route that promises to be accessible to all, this tour can be as long as you like, from 2 to several days.

- **Serpa - Pias - Vale de Vargo - Vila Verde Ficalho Section:** Distance 57 km | Elevation Gain 554 m | Accommodation available at kms 0, 25, 39,8, 57
- **Vila Verde Ficalho - Santa Iria -Serpa Section:** Distance 68,5 km | Elevation Gain 900 m | Accommodation available at kms 0, 25,3, 58,5, 62,4, 62,9, 68,5

GPS SERVICE STATIONS
 If you're coming from the north, take the A2 and turn onto the IP2/Ourique or the IP1/Castro Verde, following the N2 towards Almodôvar. Public Transportation: Ourique train station.

HOW TO GET HERE

Promoted by: Alentejo, Rota Vicentina
 Funded by: ...
 Partners: ...

- KEY**
- Complementary Road Network
 - Main Road Network
 - Waterway
 - Signposted Route
 - Non-signposted Route
 - Connecting Route
- ● ● ● XC Route (MTB) Signposted
● ● XC Route (MTB) Non-signposted
- **Cycling Centers:**
 Almodôvar, Ourique, Serpa
- **Service Station**
 Almodôvar, Ourique, Serpa
- SUPPORT POINTS**
- Water Point
 - Tourist Office
 - Toilets
 - Café
 - Supermarket
 - Rest Area
 - Bus
 - Taxi
 - Train
 - Fuel
 - ATM
 - Airport
 - + Hospital / Health Centre
 - + Pharmacy
- POINTS OF INTEREST**
- Monument
 - Religious Building
 - Museum
 - Megalith
 - Flora
 - Viewpoint
 - Wine Tourism